



WINNETT
specialist group

REVISION OF LAP BAND PORT DISCHARGE INSTRUCTIONS

MR J WINNETT

Activity

Move gently around at home for the first few days and gradually increase your activity level each day as tolerated.

Avoid lifting heavy objects greater than 10kgs or engaging in vigorous exercise for a period of 2 weeks. You may drive your car when you feel confident and safe to do so.

Medications

Take soluble Paracetamol/Panadeine or prescribed analgesia 2 tablets, every 4 - 6 hours or as required. Do not drive or operate machinery if taking prescribed medication.

03 9417 1555

winnettspecialistgroup.com.au

Wound care

Your dressings will be changed prior to discharge from hospital. They are waterproof and you can shower with them in place.

Leave intact until your follow-up appointment. It is very important that your wounds do not become infected, particularly the largest wound, as this is where the port is located.

If there is any redness, discharge or pus coming from the wounds, contact Mr Jason Winnett's Rooms on 9417 1555 or page Mr Winnett on 9387 1000 if afterhours.

Follow-up care

Your follow-up appointments will have been made prior to your surgery date. If you are unsure of these dates please contact Mr Jason Winnett's Rooms on 9417 1555 to confirm them.

If you have any concerns regarding your surgery you are able to contact the rooms at any time during office hours 9am - 5pm, Monday to Friday.

After hours contact

Call 9417 1555 and a recorded message will give you details of how to contact the surgeon on call, who will assist you with your concerns.

If you are unable to contact the surgeon on call, go to the Emergency Department of Western Private Hospital. There will be an out-of-pocket cost for this visit.



WINNETT
specialist group

03 9417 1555
winnettspecialistgroup.com.au