



WINNETT
specialist group

HAEMORRHOIDECTOMY/ HAEMORRHOID
BANDING/ FISTULA SURGERY/
INJECTION OF BOTOX

DISCHARGE INSTRUCTIONS

MR J WINNETT

Medications

Take soluble Paracetamol/Panadeine or prescribed analgesia 2 tablets, every 4 - 6 hours or as required.

Do not drive or operate machinery if taking prescribed medication.

The addition of an anti-inflammatory medication Ibuprofen, Voltaren may also be helpful. You will be discharged on oral antibiotics between 5-10 days, as well as appropriate analgesia.

Bowel habits

Maintain mobility (e.g. gentle walking). Ensure you have a high fibre diet and drink at least 8 glasses of water or other fluids each day. You may add a laxative or fibre supplement such as Agarol, Metamucil or Benefibre.

Wound care

Ensure that all dressing are soaked off within 24 hours any packing usually comes away with the first bowel action.

Warm salt baths daily and after each bowel motion will usually ease discomfort.

Follow-up care

Your follow-up appointments will have been made prior to your surgery date. If you are unsure of these dates please contact Mr Jason Winnett's Rooms on 9417 1555 to confirm them.

If you experience any problems with your wound including abnormal redness, pain or discharge or any other concerns regarding your surgery you are able to contact the rooms at any time during office hours 9am - 5pm, Monday to Friday or after hours on Mr Winnett's paging service 9387 1000

After hours contact

Call 9417 1555 and a recorded message will give you details of how to contact the surgeon on call, who will assist you with your concerns.

If you are unable to contact the surgeon on call, go to the Emergency Department of Western Private Hospital. There will be an out-of-pocket cost for this visit.

